

WHAT'S ON MY PLATE?

STOP AND THINK ABOUT THE GLOBAL GOALS



WHO GREW OR HELPED PRODUCE MY FOOD?

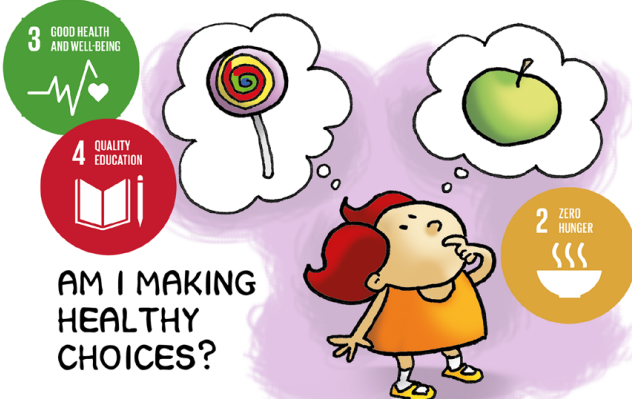
HOW FAR DID MY FOOD TRAVEL TO GET TO ME?



WHAT WAS MY FOOD PACKAGED IN?



HOW MUCH FOOD AM I WASTING?



AM I MAKING HEALTHY CHOICES?

WHAT CAN I DO DIFFERENTLY? WHO CAN I TELL?



DRAWING: MARGREET DE HEER