

Total time

60–70 mins



# What Role Can We All Play in Achieving the Sustainable Development Goals by 2030?

A Family and Community Lesson Plan for the SDGs.  
(No Teaching Experience Necessary!)



## Materials

SDGs placards, paper, SDGs action cards - one for each family/group or each community in an overcrowded town hall meetings or religious congregation.

## Learning objectives and outcomes

- To introduce/understand what the Goals are.
- To develop a feeling of “ownership” of the SDGs amongst families, communities and groups.
- To encourage participants to feel hopeful, empowered, included and determined to contribute to the SDGs being achieved.
- To translate these feelings into a 5 point action plan to help achieve the goals

## Acknowledgements

Senior Special Assistant to the President on the SDGs and other partners.

## Guidance For Teaching This Lesson

Thank you for volunteering to teach the World's Largest Lesson. Below you will find guidance.

### How to make your lesson happen

- Ask heads of families, community leaders and or religious leaders for permission to teach the lessons to them. Let them decide a date and then explain what you expect of them and if you need them to help gather people together.
- Check whether there are any family, traditional or religious guidelines you should be aware of and make sure you reflect these in your lesson appropriately.
- When you have the permission, please remember to keep your bias and opinions to a bare minimum. Allow the family, community or religious organisation the opportunity to enjoy and immerse themselves in the lesson.
- Familiarise yourself with the SDGs . A great way for you to feel more informed on the SDGs is by watching Part 1 of our animation. It provides a simple and short overview of the Goals, as well as detailing some of the context in which they were created.
- Think about the reasons why you are teaching this lesson today and why you believe the SDGs are important and need to be shared. Personal stories are the ones that stay with us the most so prepare a short anecdote or experience beforehand to share with the group you are teaching.

### During Your Lesson

- Your role in the lesson is to facilitate a conversation not to lecture. Try to make the lesson as engaging and student-centred as you can.
- Encourage people to speak slowly and clearly so that everyone can hear.
- Make sure there isn't only one person talking – try and include everyone. If some people seem shy or nervous to speak, encourage them to share ideas with a friend or family member who can then share it with the wider group.
- Praise effort and progress - e.g  
*"Thank you for your contribution, I like how much effort you've put into working on this today."*
- Smile and enjoy yourself!



## Lesson Activity

Explain to the group what the purpose of the lesson is:

*'In this lesson we will think about what makes Nigeria and our community special. We will learn about the Sustainable Development Goals. We will make a connection between the SDGs and the community we all share here and we will work together either as families or as communities to develop a **5 Point Action Plan for 2020**. During the lesson we want everyone to contribute and feel able to share their feelings. There are no wrong answers - it's really just one big conversation.*

### Step 1: Creative Lesson Opener – What is unique and special about Nigeria?

10  
mins

Ask the group to consider what makes Nigeria special and unique to them.

Depending on the setting this could be a conversation or it could be described by pictures and or words. This can also play out as descriptions by the family or community or religious leaders.

What makes Nigeria great? What are you proud of? What do you love?

Here are some ideas to prompt conversation if you need them:

- Food/culture
- Sports/football
- Resilience and ability to adapt
- The power of the youth
- Strength within the region
- Natural resources
- Spirit and oneness
- Love for the country
- Determination

Encourage groups to discuss this together across generations. Allow children to contribute and older people to reflect and even share what has changed.

In partners or smaller groups, write a list of these aspects that people feel make up the strength of Nigeria today. Ask groups to share their ideas.

### Step 2: Take it Local

10  
mins

Move the discussion from one about Nigeria as a nation to this local area and community. What makes this special? What are we proud of? What do we love about where we live?

Work together to fill in the template in **Appendix 1**

Summarise these points back to the group but describe what they have identified as **Nigeria's superpowers** or **Naija Magic/juju** to use when we want to make something happen.

### Step 3: Introduce the SDGs

10  
mins

Ask the group if they have heard of the SDGs? Start an open group conversation about the SDGs.

Ask the group if they have ever been involved in any community development projects.

Show the group the Goals grid or the SDGs cartoon poster (**Appendix 2** and **3**).

**Note:** Depending on your group you can use the grid to present the Goals literally or you could use the cartoon poster to show visually the different aspects of the Goals and show what they look like at a community level.

Ask the group to keep the positive feelings they have developed by talking about the magic of their community while looking at the SDGs.

Describe each icon or square of the SDGs grid as a problem or set of problems that exist in many parts of the world and that the world has agreed needs to be solved by 2030.

### Step 4: From Global to Local

10  
mins

- Gather into appropriately sized groups and agree on 3 main problems that exist within your community. Think about the interconnectivity of these problems to help work out which ones are the most important. Use the template in **Appendix 4** to write ideas down.
- Looking at the 17 Goals, do these problems correspond with any of the goals? Add these to the template.

### Step 5: Bring on our Magic Powers

20  
mins

Provide own real examples of where Nigerian people have showed their strength and ideas.

E.g. Team Charis, a group of 5 Nigerian teenagers, won an international prize for designing an app that can identify trash in communities. *“It allows people in our community to discard waste effectively and at a low cost. It also serves as an avenue for people to lay complaints, ask and answer questions concerning waste. In future, we also hope to serve as a platform to enlighten people on waste generation and how it can be handled,”* said Takem in this video.

Reflect back on the October Activation – tell the community about your experience as a volunteer. The activation ended up reaching nearly 800,000 young people in Nigeria. This was the first time World’s Largest Lesson had ever achieved anything like this. Explain that this shows the strength, courage and generosity of Nigerian people.

Refer back to the list of **Magic powers** that were produced in Step 2.

Discuss how these can be used to help solve the 3 problems that the group have agreed on.

### Step 6: From Local to Family

10  
mins

Talk about how everyone has a role to play in making a change. Families and communities have a special role to play in supporting everyone however young or old to be a part of this change. Working in family groups we are going to develop a 5 Point Plan - one idea for each digit on your hand. Together everyone can take part in achieving the Goals.

You could suggest developing one idea for each of:

- Your local environment
- Equality in your family or community
- Family health
- Family education
- Becoming more involved within your community/ working together

Use the template in **Appendix 5** or create your own version of a pledge card to show these ideas. Ask the family members or group to sign or thumbprint in the space provided on the plan to indicate their commitment.

Here is a list of ideas of actions to suggest to the group:

- Plant a tree to celebrate important days such as birthdays.
- Volunteer in local schools.
- Support a movement you care about.
- Choose to buy from fair trade brands and end demand change from brands lagging behind.
- Travel responsibly.
- Eat sustainably – only buy what you need to create less food waste and eat less meat and dairy.
- Control your consumption – stop contributing to landfill and ocean plastic waste by recycling your waste, up-cycling your belongings and reusing bags and bottles

Use **Appendix 6** to help the groups with extra ideas. Help the group make the commitments relevant to their own family. Ask them to think about how they travel to school/work, what food often goes to waste in their home and how is the waste dealt with in their community.

Discuss as a group how you will know when you have completed the plan and what you could do together to celebrate. Shake hands with the family and agree to a commitment date.

## Step 7: Sharing Your Action Plan

5  
mins

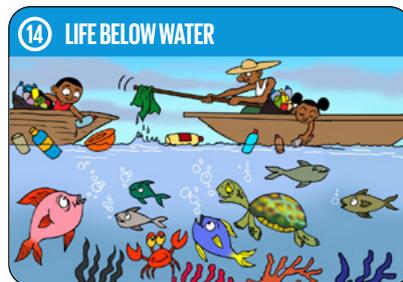
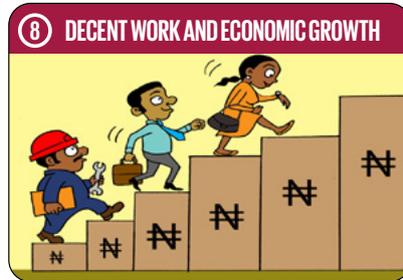
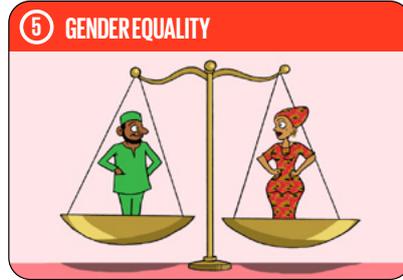
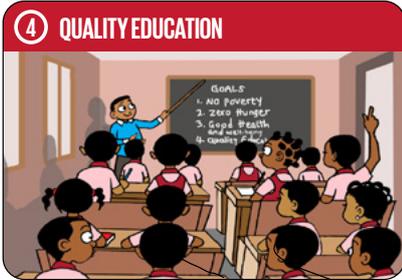
Volunteers can take photos of the 5 points contract and share them on social media. Hashtags can be found at the bottom of Appendix 4.

This visual contract is what people will take home. Ask them pin them up somewhere at home to remind them of the commitments they have made.

Say goodbyes and thank everyone for their contribution!



## Appendix 2: The Sustainable Development Goals (SDGs)



# SUSTAINABLE DEVELOPMENT GOALS



## Appendix 4: Generating ideas...



Empty rectangular box for generating ideas.

Empty rectangular box for generating ideas.

Empty rectangular box for generating ideas.

## Appendix 5: SDG Family Action Pledge Card



We here pledge as a family that we now see the SDGs as a responsibility and so commit to take 5 actions

<p>SDG Goal <input type="checkbox"/></p> 	<p>SDG Goal <input type="checkbox"/></p> 	<p>SDG Goal <input type="checkbox"/></p> 
<p>SDG Goal <input type="checkbox"/></p> 	<p>SDG Goal <input type="checkbox"/></p> 	<p>Family Name _____</p> <p>Community/LGA/State _____</p> <p>Family Commitment Date _____</p> <p>Thumb Print Signatures</p> 

Come together on 25 September 2020 to celebrate the actions you've taken and spread awareness of the Global Goals.

Share Your Family Commitments With Us!

 @WorldsLessonNG

 @WorldsLessonNG

 WorldsLessonNG worldslessonnigeria@outlook.com

## Appendix 6: Ideas for Family Commitments



Ensure both men and women, boys and girls are learning about economic rights, savings, credit and debt management. Start making a personal and family budget to learn financial management and be prepared to manage your finances.



Take our Global Goal quizzes on the World Food Programme website and for every correct question donate 10 grains of rice to those in need! <https://beta.freerice.com/#categories>



Take care of your mental health. Meditate, talk to friends and family, and seek professional help.

Vaccinate yourself and your kids. Protecting yourself from disease also aids public health.



Educate your children about the power and importance of education. Urge young people to stay in school and get a quality education.

Deliver a lesson on the SDGs in a school in your local community using resources made by World's Largest Lesson.



Share the workload at home. Sharing domestic responsibilities ensures the work burden doesn't fall only on one person and instils the value of gender equality and essential life skills in children.

Educate women and girls about technology.



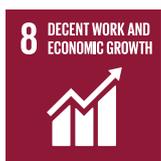
Don't overuse water. Make sure to close the tap when washing dishes, take short showers.

Hold fundraising days in schools on World Water Day and Toilet Day and donate the money to your chosen charity.



Turn off the lights when you are not using them. Educate your family about not wasting power.

Buy rechargeable electronics. Don't buy or use one-use batteries.



Buy from local producers. Support local economic growth by choosing to buy from local producers and businesses.

Women earn 10 to 30 per cent less than men for the same work. Pay inequality persists everywhere. Voice your support for equal pay for equal work.



Host a small event for people to donate their unused, working phones, and in turn raise awareness about the lack of infrastructure for communication services that 1-1.5 billion people still do not have.

Don't throw away, give away.



Encourage children to make friends with kids from different cultures/religions.

Learn to respect all kinds of people who may do things differently to you.



Take advantage of your right to elect the leaders in your local community.

Take care of public spaces. Start yourself and inspire others to contribute to better public spaces – water the greenery, trim and plant trees, renovate sports areas and playgrounds, organise a cleanup.



Recycle!

New life to old – either school clubs or at home. Simple things like making watering cans made out of milk bottles – get creative.



Organise tree planting through your community, work, or school. Trees give oxygen and take in carbon dioxide.

Drive less. Walk, cycle, take public transport.



Stop using plastic bags. Usage and wrong disposal of plastic is a major cause of marine pollution.

Don't throw rubbish into rivers or oceans and call out those who do.



Don't buy from companies that use palm oil.

Recycle used paper and go paperless where possible.

Eat less meat. The production and distribution of meat has a huge impact on greenhouse gas emissions.



Vote! Use your voting rights to manifest your support to particular ideas or to make your voice heard by different institutions. Make your voice heard in your country's elections.

Be passionate about your country's decisions, remain peaceful when standing up for what you believe in!



# Nigeria's SDG Family Lesson

